

# Participant Progress Log

Instructor's Name and Course Name	Participants' Names											
<b>Skill Practice (Core Course)</b>												
Checking a Person Who Appears Unresponsive (optional)												
Giving Chest Compressions to Adults												
Giving Breaths to Adults with a Face Shield/Pocket Mask												
Giving CPR Cycles to Adults												
Using an AED for Adults												
Giving Chest Compressions to Children												
Giving Breaths to Children with a Face Shield/Pocket Mask												
Giving CPR Cycles to Children												
Giving CPR Cycles to Infants												
Using an AED for Children and Infants												
Giving Back Blows and Abdominal Thrusts to Adults and Children												
Giving Back Blows and Chest Thrusts to Infants												
Using Direct Pressure to Control Life-Threatening Bleeding												
<b>Assessment Scenarios (Core Course)</b>												
Giving CPR and Using an AED for Adults												
Giving CPR and Using an AED for Children												
Giving CPR and Using an AED for Infants												
Caring for a Choking Adult or Child												
Caring for a Choking Infant												

(Continued)

## Assessment Scenarios (Core Course) (continued)

Caring for a Person Experiencing a Sudden Illness (optional)

Caring for Life-Threatening Bleeding

### Skill Practice (Skill Boosts)

Administering Quick-Relief Medication Using an Inhaler with a Spacer

Administering Quick-Relief Medication Using a Nebulizer (optional)

Administering Epinephrine Using an Auto-Injector

Administering Naloxone Using a Nasal Spray

**OR**

Administering Naloxone Using a Nasal Atomizer

Using Direct Pressure to Control Life-Threatening Bleeding

Using Direct Pressure and a Windlass Tourniquet

**OR**

Using Direct Pressure and a Ratcheting Tourniquet

**OR**

Using Direct Pressure and an Elastic Tourniquet

Wound Packing

Applying a Rigid Splint to a Leg

Applying a Sling and Binder

Applying a Vacuum Splint to a Leg (optional)

### Assessment Scenarios (Skill Boosts)

Caring for a Person Experiencing an Asthma Attack (Using an Inhaler with Spacer)

Caring for a Person Experiencing an Asthma Attack (Using a Nebulizer) (optional)

Caring for a Person Experiencing Anaphylaxis

Caring for a Person Experiencing an Opioid Overdose (Using a Nasal Spray **OR** Using a Nasal Atomizer)

<b>Assessment Scenarios (Skill Boosts)</b> (continued)												
Caring for Life-Threatening Bleeding (Using Direct Pressure)												
Caring for Life-Threatening Bleeding (Using Direct Pressure and a Windlass Tourniquet <b>OR</b> Using Direct Pressure and a Ratcheting Tourniquet <b>OR</b> Using Direct Pressure and an Elastic Tourniquet)												
Caring for Life-Threatening Bleeding (Wound Packing)												
Caring for a Person Experiencing a Muscle, Bone or Joint Injury (Applying a Rigid Splint)												
Caring for a Person Experiencing a Muscle, Bone or Joint Injury (Applying a Sling and Binder)												
Caring for a Person Experiencing a Muscle, Bone or Joint Injury (Applying a Vacuum Splint) (optional)												

*Shaded areas = Optional skill practices and assessment scenarios*